

A background image showing three children in a white room, performing a yoga or stretching pose with their hands clasped above their heads. The child on the left is a girl with dark skin wearing an orange shirt and yellow pants. The child in the center is a boy with dark hair wearing a white t-shirt and brown pants. The child on the right is a girl with light skin wearing a white top and a patterned skirt. The entire image is overlaid with a semi-transparent grey filter.

Fitness App Popularity Study

Research Report

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